

JAMES JOSEPH HALE, M.D.

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New York, New York, 10022
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PRESENT POSITION

Clinical Assistant Professor, Northwell Health/Lenox Hill Hospital
Orthopedic Spine Surgeon, New York City Police Department
Attending Surgeon, Englewood Hospital and Medical Center, Englewood, NJ
Attending Surgeon, Holy Name Medical Center, Teaneck, NJ
Secretary, NYPD Society of Honorary Police Surgeons

Office Addresses

- 1. Manhattan Spine & Sports, 300 East 56th St, NY, NY 10022
Tel: (212) 935-1700 Fax (221) 753-9856**
- 2. Eastern Orthopedics, 222 Cedar Lane, Teaneck, NJ 07666
Tel: (201) 836-5332 Fax: (201) 836-4002**

EDUCATION

- September 1989 to May 1993 **New York University
New York, New York
Bachelor of Arts, Sociology: May, 1993**
- September 1994 to May 1998 **New York University School of Medicine
New York, New York
Doctor of Medicine: May, 1998**

PROFESSIONAL TRAINING

- June 1998 to July 2003 **NYU-Hospital for Joint Diseases
New York, New York
Resident, Orthopaedic Surgery**
- August 2003 to August 2004 **NYU-Hospital for Joint Diseases
New York, New York
Fellow, Spine Surgery**

CURRENT PROFESSIONAL ACTIVITIES

Member, American Academy of Orthopaedic Surgeons
Fellow, Board Certified, American Board of Orthopaedic Surgery
Member, North American Spine Society
Member, Butterfly Foundation (Spine Deformity Volunteer Work, Dominican Republic)
Founding Member, Society of Lateral Access Surgeons
Member, Cheetah gives Back (Kenya, Africa, Spine Deformity trip June 2010)

HONORS AND AWARDS

New York Police Department Orthopedic Spine Surgeon

JAMES JOSEPH HALE, M.D.

America's Top Doctors 2013-20

Castle Connolly Top Doctors : NY Metro Area 2015-2020

New York Magazine Top Doctors 2014

NJ Monthly Top Doctors 2012,2016- 2019 – Spine Surgery

Patients Choice Award 2010, 2011, 2012, 2014-2020

Compassionate Doctor Recognition 2010,2011,2012,2014-2020

Undergraduate:

1989 – 93 Presidential Scholar

1989 – 93 Member, B.A./M.D. Joint Degree Program (one of four admitted to NYU Medical School as a high school senior)

1989 - 93 Varsity Basketball (NCAA Division III Finals, 1993)

1993 B.A./M.D. Thesis: *The Trail of Black 47: Post-Famine Emigration from Ireland to the United States (1847-1920)*

Medical School:

1997 – 98 President, Admissions Office Student Guides for prospective medical students

1998 Volunteer Service Award, The Hospital for Joint Diseases

RESEARCH EXPERIENCE

**UNIVERSITY OF MARYLAND DEPARTMENT OF ORTHOPAEDIC SURGERY,
THE R COWLEY ADAMS SHOCK TRAUMA CENTER,
Baltimore, Maryland. 2001**

Mentors: John J. Carbone, M.D.

Evaluation of emergent decompression of spinal cord injury in neurologically incomplete patients in the acute trauma setting.

**MUSCULOSKELETAL RESEARCH CENTER,
NYU-HOSPITAL FOR JOINT DISEASES,
New York, New York. 1996**

Mentors: Kenneth J. Koval, M.D.

Independent Study Project: A biomechanical comparison of standard condylar buttress plates, locked buttress plates, and 95° plates for the treatment of distal femur fractures. Techniques utilized biomechanical loading (MTS and Instron) of cadaver distal femurs with simulated fractures using aforementioned plates.

**MOUNT SINAI SCHOOL OF MEDICINE, DEPARTMENT OF NEUROLOGY
New York, New York. 1993 -1994**

Mentors: Mark A. Sivak, M.D.

Clinical investigator, ALS CNTF Treatment Study Group, participating in nationwide double-blind, placebo-controlled trial of subcutaneous recombinant human ciliary neurotrophic factor in amyotrophic lateral sclerosis

RESIDENT ACTIVITIES

JAMES JOSEPH HALE, M.D.

MADISON SQUARE GARDEN, New York, New York

Supervising Physician: Andrew Bazos, M.D.

2001 to 2004

Stadium staff physician for sporting events (New York Knicks, New York Rangers, college basketball, professional wrestling, boxing, tennis, etc.), concerts, and shows.

THE NEW YORK METS, SHEA STADIUM, Queens, New York

Supervising Physician: Andrew Rokito, M.D., Joseph Bosco, M.D.

2001 to 2004

Stadium staff physician for New York Mets professional baseball games.

PEER-REVIEWED PUBLICATIONS:

1. Levin DA, Hale JJ, Bendo JA Adjacent segment degeneration following spinal fusion for degenerative disc disease. Bull NYU Hosp Jt Dis. 2007;65(1):29-36. Review.
2. Hale JJ, Gruson KI, Spivak JM. Laminoplasty: a review of its role in compressive cervical myelopathy. Spine J. 2006 Nov-Dec;6(6 Suppl):S289-98. PMID: 17097549
3. Warycha M, Goldstein J, Hale JJ. *What is your diagnosis? Erythema Ab igne.* Cutis. 2006 Dec;78(6):392, 395-6
4. Leali A, Fetto J, Hale JJ. *Biostructural augmentation for the treatment of osteonecrosis: rationale, technique, and case example.* J South Orthop Assoc. 2002 Fall;11(3):167-71.
- 5 Hale JJ, Rokito AS. *Anterior Capsulolabral Reconstruction for Traumatic Recurrent Anterior Shoulder Dislocation.* Manuscript accepted for publication, Journal of Shoulder and Elbow Surgery, 2003
6. Hoehl JJ, Salant RL, *Sexual Dysfunction and the Elderly Patient.* Archives of the Journal of the American Academy of Orthopaedic Surgeons, 2(1) 108-11, 1998
7. Hale J, Rokito AS, Chu J. Anterior capsulolabral reconstruction for traumatic recurrent anterior shoulder dislocation. Bull Hosp Jt Dis. 2005;62(3-4):94-8
8. Koval KJ, Hoehl JJ, Kummer FJ, Simon JA. *Distal femoral fixation: a biomechanical comparison of the standard condylar buttress plate, a locked buttress plate, and the 95-degree blade plate.* J Orthop Trauma 1997 Oct;11(7):521-4.

NATIONAL PRESENTATIONS

JAMES JOSEPH HALE, M.D.

1. Hale JJ, Rokito AS, *Anterior Capsulolabral Reconstruction for Traumatic Recurrent Anterior Shoulder*. Poster exhibit presented at the 70th Annual Meeting of the American Academy of Orthopaedic Surgeons. New Orleans, Louisiana, 2003
2. Fay R, Simon J, Hoehl JJ, Kummer FJ, Koval KJ. *A Novel Locked Supracondylar Buttress Plate for Improving Fixation in Osteoporotic*. Poster exhibit presented at the 65th Annual Meeting of the American Academy of Orthopaedic Surgeons. New Orleans, Louisiana, 1998.

REGIONAL PRESENTATIONS

1. Hale JJ, The XLIF Procedure: A New Avenue for Treatment. 18th Annual Workers Compensation Bench-bar Conference. New Jersey Institute for Continuing Legal Education. New Brunswick, NJ. December, 2008
2. Hale JJ, Van Bosse HJ. *Management of Osteonecrosis of the Femoral Head in Sickle Cell Disease*. Presentation at the Pediatric Orthopaedic Club of New York, New York, NY, May 2003.
3. Hale JJ, Rokito AS. *Anterior Capsulolabral Reconstruction for Traumatic Recurrent Anterior Shoulder Dislocation*. Scientific paper presentation at the 2003 Research Day, Hospital for Joint Diseases, May, 2003.
4. Hale JJ, Bendo JA. *Management of Adjacent Segment Disease following Cervical, Thoracic and Lumbar Spine Fusion*. Presented at Grand Rounds, Hospital for Joint Diseases, April 2003.

PROFESSIONAL LICENSURE AND CERTIFICATION

BOARD CERTIFIED, JULY 2007, AMERICAN BOARD OF ORTHOPAEDIC SURGERY

Valid through July 2027 (recertified 2017)

NEW YORK STATE

LICENSE #215874-01

EXPIRES: 30 April, 2021

NEW JERSEY

LICENSE #25MA07717500

EXPIRES: 30 June, 2021

DEA # BH8763357

JAMES JOSEPH HALE, M.D.

BASIC LIFE SUPPORT

CERTIFIED: April, 2001

ADVANCED CARDIAC LIFE SUPPORT

CERTIFIED: June, 1997

PERSONAL

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| -Tough Mudder TriState 2012 | 7 th place (10k entrants) |
| -World's Tough Mudder National Championships | 2011, 2012, 2013,
2014, 2016, 2018, 2019 |
| -NYC Marathon | 1999, 2000 |
| -GLS 9/11 Memorial Boxing Match | 2002 |
| -Montauk Half Ironman | 2005, 2006, 2008, 2009,
2011 |
| -NYC Triathlon | 2005, 2006 |